

Foothills Habitat for Humanity (FHfH) of Placer County provides minor housing repairs at no cost to homeowner households with extremely low, very low, and low income in Rocklin. For CDBG funds, FHfH proposes minor repairs of homes occupied by home-owner households with very low-income, defined as those households making less than 50% of median income. Examples of repair include removal of deteriorated and hazardous materials, water heater installation and repair, minor plumbing repairs, repair of broken windows, removal of architectural barriers and installation of accessibility improvements. The project is estimated to benefit 20 households. This is similar to the use of CDBG funds by FHfH approved by the City in 2019.

Foothills Habitat for Humanity Proposal for 2020 CDBG Funds

This proposal requests \$10,000 of Rocklin's CDBG funds for minor housing repairs serving homeowner households with extremely low income and very low-income in Rocklin. Eligible activities would be Housing Rehabilitation and Removal of Architectural Barriers in homes owned and occupied by households with extremely low income and very low-income. This program would be similar to one previously operated by Seniors First called the Handy Person Program and a continuation of the CDBG funds approved in 2019 for FHfH. Objectives to be met include:

1. Benefit to persons with extremely low income and very low income that live in the houses where minor repairs would be completed
2. Aid in the prevention of slum and blight by completing minor repairs such as, but not limited to, exterior painting, repair of broken windows, removal of hazards at front entrances to houses, landscape issues, replacement of toilets, leaking faucets, etc.
3. Meet needs to include, but not be limited to, removal of trip hazards, installation of grab bars and ramps for improved accessibility for disabled persons with extremely low income and very low-income.

Background Statement Who we are:

Foothills Habitat for Humanity (FHfH) is a 501(c3) non-profit and the designated affiliate of Habitat for Humanity International in Placer County. Our mission is to bring people together to build homes, communities and hope by providing affordable home-ownership and repair for Placer County families who own their homes but have extremely low income, very low-income and low income.

How we do this:

FHfH operates a ReStore on Industrial Blvd. in Roseville which receives donations of new and used construction materials and other items which may be used in the repair program. Resale

of donated goods provides funds. Volunteers and, when needed, hired skilled construction workers complete the repairs. The ReStore is a 30,000 sq. ft. warehouse containing building construction materials and household goods. Items not having a construction need in FHfH programs are sold at low prices to the general public. In addition to construction related items, furniture and other household goods are available for purchase. Proceeds from ReStore sales are used for costs of new construction and rehabilitation that are not covered through donations of construction materials or work by volunteers. FHfH has one full-time paid position, the Executive Director, who provides oversight of all organization activities. The ReStore has part-time employees. The Board of Directors are non-paid volunteers who also volunteer in the construction program or in the Re Store. The current Board has six members, who are Placer County residents. There is a president, vice president, treasurer and secretary. There are currently 22 regularly active volunteers in the ReStore. Most of them have also helped in the housing program and several of these volunteers are the core group involved in home repairs.

Who we serve:

In accordance with our covenant with Habitat for Humanity International we serve Households with extremely low income, very low income and low income making 60% of area median Income. FHfH complies with all state and federal fair housing laws.

Current Program:

FHfH offers a housing repairs program called A Brush with Kindness (ABWK). ABWK does not have a required minimum number of hours of sweat equity. Instead, recipients contribute and participate according to their abilities. ABWK has assisted Placer County homeowners with extremely low income, very low and low-income who are able to pay their mortgage or own their home free and clear, but are unable to keep up with unexpected repairs or maintenance. Very often, the people served are seniors and people of other ages with a disability or illness who have owned and lived in their homes for many years. There was a time when they were physically and financially able to take care of their home but now find they are unable. Volunteers from the ReStore perform most of the repairs. Donated new building materials are used whenever possible, minimizing the need to purchase materials. FHfH uses proceeds from the ReStore to pay a person qualified in the building trades as a part time employee to coordinate volunteer work, identify materials in the Restore to be used in the work and perform repairs that cannot be done by volunteers. Examples of recent repairs for households with extremely low income and very low income:

1. House painting in preparation for the installation of new gutters was provided for a disabled senior with donated materials and volunteer labor.
2. A deteriorated and hazardous deck was replaced for a senior. Purchased materials were installed by volunteers.
3. A new water heater was purchased for a senior. This senior had the skills and was physically able to install the water heater, but not the financial resources to purchase.

4. Flooring was installed in the home of a 13 year old girl who had been recently diagnosed with brain cancer. The family had been unable to replace the carpet or linoleum when it became worn or damaged. Much of the home was without any flooring on the concrete floors. To create a healthier home and eliminate trip hazards, the family needed flooring that was easy to clean and maintain. A large donation of medical grade vinyl was installed throughout the home. Volunteers helped prepare the home by making small repairs and hauling away items that were no longer useful. Due to the urgency of the situation, professionals were used to install the new flooring.

Proposed Rocklin Program If awarded CDBG funds:

FHfH will be able to expand the ABWK program to target more housing rehabilitation needs of Rocklin homeowners with extremely low income and very low-income. Outcomes will be enhanced by the use of donated new materials that are received at the ReStore and by the use of volunteers qualified to do repairs. Program administration will be provided by existing FHfH staff and volunteers, using existing FHfH funds. No CDBG funds will be used for administration. Interested homeowners with extremely low income and very-low income will be able to contact FHfH to apply for assistance and have their eligibility determined. FHfH proposes to use CDBG funds for households with extremely low income and very low –income, at or below 50% of AMI. This would assist the City of Rocklin to meet CDBG objectives. If applications are received from Rocklin households that earn between 50% and 60% AMI, FHfH could complete that work with non-CDBG resources such as donated materials and volunteers. Proposed Programs outcomes:

1. Minor repairs of 20, houses occupied by households with extremely low income and very-low income. These repairs could include painting needs or the installation, replacement, or repair of stairs, decks, walkways, landscape-related issues, doors and hardware, windows, and the like.
2. Budget – The proposed budget of \$10,000 does not include the value of donated goods and volunteer work. (See attached line item budget, Exhibit A).

Review and monitoring by City of Rocklin Staff

FHfH understands that work performed with CDBG funds is subject to review and monitoring. Applications and determinations of eligibility, records of construction expenditures and payroll records of personnel assigned to ABWK will be available to City of Rocklin Staff for review. FHfH can provide any additional information that the City of Rocklin may request, including 501 (c) 3 determination, tax returns, and by-laws.

Contact Information:

Foothills Habitat for Humanity Administrative Office Phone: 916.781.9601 Administrative Office Fax: 916.781.9602 Administrative E-mail: foothillshabitat@surewest.net Attention: Tertia Hawkins, Executive Director Location: 8292 Industrial Ave., Roseville CA Mailing Address: 8292 Industrial Ave. Roseville, CA 95678. Agency EIN: 68-0197821. Foothills Habitat for Humanity is the designated affiliate of Habitat for Humanity International in Placer County.

Exhibit A

Amount of CDBG Funds Requested: \$10,000

Purchased Building Materials Total:	\$7,500
Direct Labor Total:	\$2,500

Program Description: The program {A Brush with Kindness (ABWK)} consists of minor repairs of houses occupied by households with extremely low income and very-low income. These repairs could include painting needs or the installation, replacement, or repair of stairs, decks, walkways, landscape-related issues, doors and hardware, windows, and the like.

Each project should not exceed \$500 unless approved by the City on a case by case basis.

Describe how the funds will be spent: The funding will be utilized for direct labor (non-management staff) salaries, taxes, benefits and program salaries and wages; and building supplies for the ABWK Program.



Founded 1865

100 Lincoln Street

P.O. Box 1372

Roseville, CA 95678

Phone (916) 784-3382

Fax (916) 784-3277

December 6, 2019

City of Rocklin

Economic and Community Development

3970 Rocklin Rd

Rocklin, CA 95677

Re: CDBG NOFA Grant

MISSION

Here in South Placer County, our mission is the same as it is the world over for The Salvation Army: To meet human needs without discrimination. In South Placer County, this undertaking includes preventing homelessness within our community and giving a hand up to those in need.

HISTORY OF PREVENTING HOMELESSNESS

The Salvation Army of Roseville has been providing assistance for South Placer County residents for over 30 years. This includes food boxes, case management, mock interviews, and rental and utility assistance. Within the City of Rocklin alone, more than \$15,000 has been spent for the rental assistance program over the last two years. Rental assistance is key in preventing homelessness as it keeps families in their homes and makes a difference in ending the cycle of poverty. This meets the National Objectives of benefitting low to moderate income persons and meeting an urgent need.

ELIGIBILITY FOR CLIENTS

In order for an individual or family to receive assistance, they must have received a 3-day pay or quit notice from their landlord and have had an unexpected expense within the last three months. An unexpected expense would include an auto repair, home repair, medical bill, loss of employment or something of that nature where the client had to pay out of pocket or had an unexpected loss of income. A document such as a doctor's note, last day of employment letter or receipt is required to receive assistance. Other documents needed include identification for all adults in the family, Social Security cards for all members of the family, lease or mortgage of the

Heart to God and hand to man!

William Booth - Founder



Founded 1865

100 Lincoln Street

P.O. Box 1372

Roseville, CA 95678

Phone (916) 784-3382

Fax (916) 784-3277

family, lease or mortgage statement, and proof of income/last three paycheck stubs.

Once a client has the required documentation, an appointment is made with us to receive the rental assistance.

REQUEST

Recently we have received an increase of calls from Rocklin residents. This is largely due to an increase in rent and a decrease in affordable housing. If approved for the CDBG NOFA grant, The Salvation Army would be able to provide assistance to more households within the City of Rocklin and continue making strides in preventing homelessness. We would like to request an amount of \$15,000-\$20,000. With this amount we will be able to assist more than 50 households ranging \$200-\$400, averaging 3-5 members per household. Regardless of funding, Salvation Army has set aside \$15,000-\$30,000 for the city of Rocklin. If awarded this grant, we plan on utilizing the funds to assist clients who might be in need of extra assistance throughout the year. We plan on reaching out to more apartments to raise awareness about these services we can provide for their tenants. All CDBG funding will go towards deposit and rental assistance for Rocklin residences who qualify.

Charisse Bach

Social Service Coordinator

The Salvation Army Roseville Corps

100 Lincoln St.

Roseville, CA 95678

Office: (916) 784-3382 ext. 201

Charisse.Bach@usw.salvationarmy.org

Heart to God and hand to man!

William Booth - Founder



**Application for
Community Development Block Grant 2020-21
City of Rocklin**

Seniors First, Inc.
12183 Locksley Lane, Suite 205
Auburn, CA 95602
Stephanie Vierstra, Executive Director

Phone: 530-878-5705
Fax: 530-889-0190
December 3, 2019
Stephanie@seniorsfirst.org

City of Rocklin, Senior Nutrition Program (Congregate Café).

The Target Population: The senior population of Placer County is larger than the California state average. According to U.S. Census estimates for 2013, residents 65 years and older make up 17% of Placer County's population, compared to 12.5% for the state of California. In Placer County alone, the 60 and older population is estimated to triple by 2040, while those 85 and up will see a five-fold increase, according to the Agency on Aging Area 4's report and the Placer County Economic Demographic Profile report.

Senior Nutrition: One of the longest running programs at Seniors First is our Senior Nutrition Program; it is one of the foundational programs that enable us to support our mission to help seniors remain independent. The Senior Nutrition Program (SNP) operates seven Senior Cafés throughout Placer County, providing hot noon-time meals for seniors, Monday through Friday. Every day our food provider produces approximately 100 hot meals that are delivered to the cafés and served to seniors and disabled individuals free of charge.

The Senior Nutrition Program provides Placer County seniors with a weekday hot meal served in a congregate, social setting, to reduce food insecurity and prevent the adverse effects of malnutrition. Each of our seven Senior Cafés are in easily accessible facilities, and foster a feeling of camaraderie and comfort, reducing the isolation experienced by many seniors.

Our Senior Cafés are located in Auburn, Lincoln, Rocklin and four cafés in Roseville. During the last fiscal year, we served approximately 22,500 hot meals to Placer seniors at our Café locations. Though there is a suggested donation of \$3, we never turn a person away because they cannot pay.

Rocklin Café: Our Rocklin café is situated at Rolling Oaks, 5725 Shannon Bay Dr. and serves approximately 300 meals every month.





Alleviating poverty: Many older adults exist on a fixed income that rarely matches inflationary consumer costs, leading to devastating effects on their ability to remain self-sufficient and properly nourished. By providing a hot noon time meal we are able to alleviate a financial burden at the same time as we support a healthier population and foster social activities.

Amount of CDBG Funds Requested:

\$20,000

How CDBG funds will be spent:

CDBG funding received from the City of Rocklin will be utilized to help offset the following costs: program staff wages, and taxes. All funds will be utilized to provide life-sustaining programs to City of Rocklin seniors and disabled persons.

Mission and/or major goals:

Our mission is to provide long-term support and services to help Placer County older adults maintain their independence and thrive.

In a perfect world, every senior would have enough to eat, a safe place to live, access to community resources and transportation options. Unfortunately, today's world is far from perfect. The purpose of our programs is to ensure that every Placer County senior has access to services that assist them in retaining one of the things they hold most dear – their independence.

About Seniors First:

Seniors First is a 501(c)(3) non-profit organization serving the seniors of Placer County since 1997. In 2006, Seniors First merged with another non-profit 501(c)(3) senior services agency that had been providing services since 1971. As our name suggests, our target population is seniors, most of whom are low-income with limited physical abilities. However, several of our programs also service the disabled, homeless and at-risk families with children.

Seniors First has 13 dedicated full-time and 24 part-time employees, and over 250 community-spirited volunteers that support our mission and, most importantly, Placer County's elderly and disabled persons. Our programs and services are donation-based and provided at no-cost to our clients. Each of our cafes has a local manager to oversee day-to-day operations, including orders and food service and all cafes are managed by the Senior Nutrition Program Manager, Ty Sanchez. He works in tandem with the Registered Dietitians at Summit Foods to plan menus and their nutritional content, and oversees the food preparation activities, surveys and the recording and reporting required to measure and improve the program.



seniorsfirst.org • facebook.com/sfplacer

12183 Locksley Lane, Suite 205 • Auburn, CA 95602



Our programs include: Senior Nutrition (Senior Cafés and MyMeals- Meals on Wheels program), Transportation (MyRides and Health Express), Information and Assistance, Friendly Visitors, Recreation and Respite, Assisted Living Placement and many volunteer opportunities.

Major accomplishments:

- Our seven Senior Cafés serve approximately 2,160 hot noon-time meals every month, with the café in Rocklin serving 300 meals every month.
- Our transportation program and volunteer drivers provide 27 trips every month for Rocklin seniors and almost 360 rides every month to Placer County seniors.
- Information and Assistance handles 32 calls every month from Rocklin seniors for information, assistance and follow-up, and over 380 total calls every month from Placer County Seniors.
- Our Friendly Visitors currently visit 4 homebound and isolated seniors in Rocklin and report over 20 hours of visits every month.

Organizational Capacity: Seniors First continues to offer core services to seniors and disabled individuals in Placer County for many years. Our oldest program has been in continuous operation for 47 years; our youngest program for 4 years. Our expertise, skills and procedures have been developed over many years and we have long term employees to shepherd our new employees through changing times.

Key Collaborations & Community Partnerships: Seniors First major collaborations and funding sources include Agency on Aging Area 4, Placer County Transportation Planning Agency, Sutter Health and Kaiser Permanente. Seniors First is a member of the Placer Food Closet Collaboration and has a close relationship with Placer Food Bank, local food banks and Placer County Probation Department.

Placer County Probation Department: Placer County Probation Department currently has a contract with Seniors First to prepare all hot meals for our Seniors Nutrition Program. Seniors First entered into partnership with the Probation Department in August 2014 and it has been a great success with our clients. In July of 2018, the Placer County Board of Supervisors voted to approve a new contract with Summit Food Corporation to provide meal preparation services for the County's Correctional Facilities, and for the meals prepared for Seniors First's nutrition programs. Many have commented on the improved quality of food. Summit is committed to retaining the inmate training and work program which is vital and important to their rehabilitation. Summit carefully selects minimum-security inmates to receive training and job skills in the food industry by preparing meals to outsource to several agencies, including Seniors First. These individuals are learning valuable job skills that will help them transition into a





productive position upon release. This assignment is a “win-win” for both Seniors First and the food preparers. Quality, nutritionally balanced, hot meals are prepared in a closely monitored environment at low cost, while rehabilitating inmates.

Client Success Stories

“There is no doubt our Senior Nutrition program impacts the lives of seniors in Placer County. We recently did a home assessment with one of our clients. We discovered that he literally didn’t have any food in his home. The only food he had access to is the daily hot lunch that we provide. Our Meals on Wheels case accessor immediately gathered a few bags of groceries from our food pantry and had a volunteer deliver the food to his home. She also contacted Adult Protection Services to do a wellness check. They did a site visit and assigned a social worker to monitor his situation. His social worker discovered that he is a veteran as was able to help him receive services from a caregiver for four hours a week from his veteran benefits. Because of the safety net that our Meals on Wheels and wellness check provides he is now getting the additional help that he needs.

Notes from our Congregate Café Clients:

“I enjoy eating in a friendly café. The meals are fresh and well balanced with a good variety and tastefully prepared.” Utahna Rose

“I have really enjoyed all the lunch meals. It has been good and nourishing for me. It has been good to know that when I eat lunch, I am getting nourishment for myself. The doctor is please that I stay healthy.” Joyce

“I am so appreciative of the great, hot meals every day.” Judy

“To Each Member, Staff and Volunteers!





Thank you for the food you provide. At age 93, with diminishing finances, every donation is a big help. The meals are great, serve so good, and friendship from all is much appreciated! Thanks A million!”

“Each day, instead of worrying what do I have to here that I can fix to eat, I now look at the menu. My meal will be cooked and delivered with a smile! I’m so grateful! Thank you, all volunteers and paid staff.”

A copy of the proposed City of Rocklin 2020-21 Senior Congregate Cafés budget is appended to this request.

Proposed City of Rocklin 2020-21 Congregate Cafés Budget:

Budget Item	Total Program Budget	Total Rocklin CDBG Budget	Other Program Budget
Federal	109,340	20,000	109,340
Grant Income	18,300		18,300
Donations	40,600		40,600
Program Contributions	5,300		5,300
Total Income	\$ 173,540	\$20,000	\$ 173,540
Personnel			
Program Personnel	131,000	5,000	131,000
Admin Personnel	25,000		25,000
Total Labor	156,000	5,000	156,000

Direct Expenses

Food / Food Supplies	50,000	15,000	50,000
Vehicles / Delivery	1,500		1,500
Program Supplies	1,300		1,300



Total Direct Expenses	52,800	15,000	52,800
------------------------------	---------------	---------------	---------------

Indirect Expenses

Events/Advertising	1,000		1,000
Insurance	6,100		6,100
Office Expense	9,300		9,300
Outside Services	11,600		11,600
Rent	6,000		6,000
Misc/Other	10,000		10,000

Total Indirect Expense	44,000		44,000
-------------------------------	---------------	--	---------------





City of Rocklin CDBG Proposal 2020 Victim Services Program for Rocklin Residents

Organization Information

Name: Stand Up Placer, Inc.

Description: Stand Up Placer's mission is: Saving lives by empowering survivors and educating communities to stand up to domestic violence, sexual assault, and human trafficking. We provide services to Placer County survivors of domestic violence, sexual violence, human trafficking and their non-offending family members, and we offer community education around domestic/sexual violence and human trafficking to companies, agencies and schools. We have provided services to survivors since 1978, and we offer victims fleeing life-threatening abuse the only confidential safe house in Placer County. We offer a full array of services designed to allow survivors to rebuild their lives from a place of safety, whether they receive these services as residential clients or, like the majority of survivors, through our service offices in Auburn and Roseville.

Program Information

Description of Program: Stand Up Placer is requesting \$20,000 from the City of Rocklin CDBG Program to benefit Rocklin residents who are victims of domestic violence, sexual assault, and human trafficking as part of the agency's Victim Services Program. The Victim Services Program addresses the need for survivors of domestic/sexual violence and/or human trafficking to address their trauma, including mental and physical health needs, support their individual process of healing, and reduce the risk of future violence in their lives. The services in this program include: crisis intervention; therapy for adults and children; individual and group peer counseling; assistance with accessing the human services support system; legal advocacy including help with preparing temporary restraining orders (TROs), divorce and custody paperwork, and court accompaniment; and hospital accompaniment and advocacy. Referral to the safe house is provided for those fleeing life-threatening danger.

Program Goals and Objectives: The Victim Services Program goals and objectives are as follows:

Goal 1: To increase access to services needed for recovery and resilience.

- Objective a: To increase access to mental health services to enhance recovery and resilience.
- Objective b: To increase access to supportive programming to enhance recovery and resilience.

Goal 2: To reduce risk factors, enhance protective factors, and link to appropriate resources to prevent future incidents of violence.

- Objective a: To assess the immediate needs of victims.
- Objective b: To increase personal safety and the perception of safety.
- Objective c: To reduce the risk of future incidents of violence.

Program Strategy: Domestic violence, sexual assault, and human trafficking victims face significant mental health issues and many barriers to service. Crisis intervention allows victims to plan their immediate next steps to address their safety, housing, and mental health needs. Individual and group therapy with interns and licensed therapists at Stand Up Placer and referrals to community partners for other mental health services, such as substance abuse treatment, offer survivors access to mental health care for their specific needs. Advocacy services help survivors to access the continuum of care within the community including basic medical care and fundamental needs, such as food, clothing, and housing. Legal advocacy supports both the immediate need for safety with restraining orders as well as assisting survivors with accessing long-term legal remedies for their situations. Collectively, this array of services helps to reduce the impact of trauma on survivors' mental health and that of their children and reduces the risk of re-entering violent situations. We have found survivors achieve the most successful outcomes when they are supported with culturally competent, trauma-informed care that honors their right to choose their own life goals and the best set of services to meet their unique needs.

Population to be Served: The population to be served by the Victim Services Program with CDBG funding is Rocklin residents suffering from the effects of domestic violence, sexual assault, and human trafficking and their children. We have provided services to this population from the beginning of our agency in 1978. We offer these services to all survivors regardless of race/ethnicity, age, disability, gender/gender identity, sexual orientation, faith traditions, or income. Survivor demographics track along the general county population demographics, with a majority white population followed by Hispanic/Latino, with smaller percentages of Asian/Pacific Islander, African American/Black, multi-racial, and Native Americans. Clients range in age from newborn to the elderly, but the majority of clients are aged 25-44. However, sexual assault clients are disproportionately children and transitional-aged youth. Approximately 90% of the victims we serve annually fall into the extremely low, very low, low, and moderate Area Median Income brackets established by HUD for our region. Some come to Stand Up Placer with low income status, and others fall into poverty or financial distress by fleeing their dangerous living situations or as a result of their trauma.

Geographic Areas Served: Stand Up Placer provides services to any Placer County survivor in need. The majority of our clients come from South Placer and the Western slopes of the Sierra including the cities of Roseville, Rocklin, Lincoln and Auburn, the surrounding communities of Granite Bay, Loomis, Penryn, Newcastle, Sheridan, and the unincorporated areas of the foothills. This proposal is specific to services for residents of the City of Rocklin.

Evidence of Need: Nationwide, 1 in 3 women and 1 in 4 men will experience domestic violence in their lifetimes. 1 in 2 female homicide victims die at the hands of a current or former intimate partner. 1 in 5 women and 1 in 33 men will be the victims of violent sexual assault. Children who live in violent homes are 15 times more likely to be abused.

The number of people seeking help and the need for services has continued to increase in 2019. Stand Up Placer anticipates serving approximately 3,000 victims of domestic violence, sexual assault, and human trafficking by the end of the year. Through November, Stand Up Placer served 2,553 identified victims and fielded 7,449 calls for assistance on our 24/7 crisis line. The agency provided 281 people with 9,949 emergency shelter safe bed nights at our safe house and motels so far this year. We provided 73 people with 14,515 safe bed nights in our housing program. We have conducted 1,613 individual therapy sessions. 249 of those sessions were for children. We have responded to 707 calls from law enforcement for domestic violence emergency response and received 73 requests for accompaniment for forensic medical exams for sexual assault victims. The agency launched a new Legal Assistance program this year and now offers a full legal team including a staff attorney, paralegal, and advocate. So far this year, we have assisted with 173 temporary restraining orders (TROs). We have provided 347 court accompaniments and assisted 333 victims with accessing the county's victim-witness program. The staff attorney has assisted 122 victims and pro bono attorneys another 22. Demand for all our services increased substantially again this year, and survivors come to us with more severe injuries and complex cases than in the past.

211 Rocklin residents sought Stand Up Placer's help during the 2018-2019 CDBG program year and utilized 2,994 services. City of Rocklin CDBG funds helped Rocklin survivors to regain agency and stability in their lives and to heal from trauma due to their victimization. 18 families from Rocklin received referrals to the safe house to escape life-threatening violence. The majority of Rocklin residents who engage with Stand Up Placer access the Roseville service office. Clients are not required to disclose income to receive any services. However, 55 Rocklin residents seeking help disclosed income levels that made them eligible for CDBG services and received 1,840 discrete services. CDBG beneficiaries represented 26% of the Rocklin residents served but utilized 61% of the total services provided. 36 Rocklin residents received crisis hotline assistance, 33 received advocacy; 21, individual therapy; 15, group counseling; and 20, legal assistance; The agency finds that those victims with the fewest needs require the most assistance, making support for these especially vulnerable individuals and families of paramount importance.

Outcomes: Stand Up Placer will share objective and subjective outcomes with the City of Rocklin. We will share general income, race/ethnicity, age, and gender demographic information. We will report the total number of Rocklin survivors served and the number of CDBG beneficiaries served for the following advocacy and therapy services:

- Shelter referrals
- Crisis counseling (in person crisis intervention, safety planning and social services advocacy)
- Therapy sessions (individual clinical therapy sessions)

- Hotline calls
- Total Legal Services
 - Temporary Restraining Orders
 - Court Accompaniment

Stand Up Placer will also share survivor stories that demonstrate the personal impact that receiving services makes. Survivor stories are factual, but personally identifying information is altered to protect their safety and anonymity.

Program Budget and Sustainability

Total Project Budget: \$613,076

Stand Up Placer is requesting \$20,000 from the City of Rocklin CDBG Program to support the Victim Services Program for the 2020 program year, 3.3% of the Victim Services program budget. This funding will allow us provide therapy services to approximately 20 additional survivors and crisis intervention and advocacy services to approximately 80 more Rocklin survivors than we would without funding from Rocklin CDBG. We are requesting an increase over last year due to the significant increases in sexual assault and human trafficking clients from Rocklin. Human trafficking victims have more than doubled in the past year, and this group has by far the highest need of all victims. Sexual assault victims have increased by a third over last year. The increase in funding will help address the needs of these severely traumatized survivors. If the City of Rocklin is able to support Stand up Placer at a lower amount, we would lower the services to be provided proportionately. At funding of \$15,000, we would be able to provide therapy to 15 additional individuals and crisis intervention and advocacy to 60. At funding of \$10,000 we would provide therapy to 10 additional individuals and crisis intervention and advocacy to 40.

The budget request to the City of Rocklin reflects a portion of the wages and benefits for advocacy specialists who perform crisis intervention, advocacy, and accompaniment; the advocacy coordinator who supervises advocacy specialists and provides direct services; marriage and family therapists and marriage and family therapist Interns who provide clinical therapy; and the clinical manager, who provides mandated clinical supervision to marriage and family therapist interns and clinical therapy to victims. These individuals will provide the direct services to clients that will be reported in the outcomes. Due to the crisis nature of the services we provide, the first available advocate or therapist assists victims when they access the service offices. The services will be provided at Stand Up Placer's service offices in Roseville and Auburn.

Other current funders for this program include the California Governor's Office of Emergency Services, Kaiser Permanente, and the City of Roseville. Cal OES funding is secured through September 30, 2020 for core Victim Services programming, and applications are expected to be released in late summer. Applications for 2020 for the City of Roseville are due to be released

this month. Requests for proposals are expected to be released from Kaiser Permanente in the next two months.

Stand Up Placer sustains the Victim Services Program through a combination of state and local governmental funding, private grant funding, and income generated through special events and individual donations.

A line item budget is attached.

Contact Information

CEO/Executive Director: Jenny Davidson, 530-823-6224x1002, jenny@standupplacer.org

Project Manager: Louise Czopek 530-823-6224 x1009, development@standupplacer.org

Agency EIN Number: 94-2578871

Stand Up Placer is pleased to provide any additional documentation that the City of Rocklin may request, including 501(c)3 determination, agency budget, tax returns and audited financials.



Physical: 201 Berkeley Ave., Roseville, CA 95678 | Mailing: P.O. Box 297, Roseville, CA 95678
ph. (916) 791-9355 | fax (916) 791-1916

providing a hand up, not a handout

December 5, 2019

Rocklin CD Department
Attn: Sharon Cohen
3970 Rocklin Road
Rocklin, CA 95677

Application for Rocklin CDBG Funding

Sean's Story

The Gathering Inn had a mother and her son, Sean, check in with us as guests. Sean actually celebrated his 18th birthday while participating in our emergency shelter programs. His mother was second generation homeless and Sean had become the third generation of his family to be homeless in Rocklin. When his mother acquired full time employment, she rented an apartment in Sacramento and left Sean behind at The Gathering Inn. Facing the reality of his own mother leaving him behind was crushing for Sean. He didn't know what to do on his own and was woefully unprepared for adulthood or living independently, especially after watching generations of his family experience homelessness and rely on others for income and assistance.

Sean actually participated in both our Mid Placer and South Placer programs, trying to navigate what to do next with his life. The staff at our South Placer program helped to connect Sean to counseling and other resources. He spoke with a therapist about his challenges and worked with our Case Managers and Housing Coordinators to locate a supportive place to live and a direction he could be proud of in his life. TGI staff helped to get Sean connected to the Transitional Age Youth program and to Sierra College in Rocklin. They were also able to secure housing for Sean in the dorms, where his Case Management team routinely visits for follow-up and to assist him with any challenges he may face now that he's living independently. Currently, Sean is attending his second semester of college, a first in his family, and intends to finish his schooling and work in mental health with a focus on children and families experiencing homelessness. He is also working part-time and expects to move into his own apartment in Rocklin in the spring of 2020.

Sara's Struggle

Sara has battled mental illness, as well as suffered from a developmental disability, for her entire life. Disabled and living on a limited budget, she was barely able to afford the apartment that she was renting in Rocklin, but managed to do so for more than 5 years. It was then that she suffered a stroke, causing her to become temporarily unable to take care of her own basic needs. She held on as long as she could while recovering from the event, but ultimately lost her apartment. She temporarily moved in with her mother, who lives in an elderly community, but their policies only

allow for visitors on a very short-term basis, and if she stayed there, it would have put her own mother's housing in jeopardy. At that point, she had nowhere else to turn. At her next mental health appointment, she learned about The Gathering Inn, and came to stay and address her barriers to housing. While at TGI, she worked diligently with her Case Manager Nicole, who helped her to apply for and secure mainstream benefits, get connected with primary care, as well as increase her Social Security income. While looking into housing options, TGI was able to help Sara get reconnected with her sister, who she ended up moving in with permanently.

Narrative History of The Gathering Inn, Partnerships & Outcomes

These stories are just two examples of the successful outcomes that can be accomplished through the comprehensive services provided by The Gathering Inn, working in conjunction with our collaborative partners, Case Management team and with the determination of our guests.

The Gathering Inn has come a long way since its humble beginnings in January 2004 as a winter-only shelter serving 40 guests during the most extreme months of the year to becoming the preeminent emergency shelter and comprehensive service provider in Placer County. Our mission & vision have been refined over the years, but retain the same essential components at their core – we exist to house the homeless.

Mission Statement: *The Gathering Inn provides homeless women, men, and families the dignity and support they need to become active members of our community*

Vision Statement: *To end homelessness in our community*

Values: *Accountable...to each other*
Respectful...to all involved
Collaborative...with the community
Safety...for our homeless guests
Diversity...we engage everyone

The Gathering Inn is looking forward to its 17th year of operation with a deepened sense of hope, compassion, and excitement for what the new year will bring. Not only have we continued to serve the initial mission and vision of the Placer County ministers who founded our organization, but we have worked diligently over the years to build on that foundation by continually augmenting the services we offer in order to best serve Placer's homeless population. From our South Placer (Roseville) campus, we utilize a nomadic model for overnight shelter and meals seven days per week that are provided off-site by host churches which are owned and operated in Placer County. Each evening, clients (aka "guests") are transported by TGI to the host site. Each site meets strict standards (e.g. fire, health and safety codes and ADA requirements) and provides meals, in-kind utilities and overnight shelter for an average of 65 guests per night.

Each morning guests are transported back to TGI. At our 6,000 square foot South Placer campus, we offer medical and dental clinics, education, counseling, laundry and shower services, support and training at our comprehensive Resource Center, accessed by an average of 71 participants per day. Specifically, our supportive services include: case management; food, clothing and other basic needs; a comprehensive wellness program with medical services provided by a licensed physician and a nurse practitioner, dental services provided by licensed dentists, dental assistants and dental hygienists, mental health services provided by a licensed therapist, linkages to mainstream benefits (e.g. CalFresh, Medi-Cal, CalWORKs, Social Security); sobriety programs; life skills

classes; credit repair; job readiness training and education; tenant education; legal services; housing placement in transitional or permanent supportive housing (PSH); and other services as appropriate to each client's needs to achieve stabilized housing. Transportation to off-site services is also provided to guests as part of their service plan.

In 2009, we opened our first Interim Care Program (ICP) in Auburn, operated in collaboration with Sutter and Kaiser Hospitals. The Program provides a safe environment for homeless patients' medical recovery for up to 6 weeks after being released from local hospitals and emergency rooms. This program also provides case management services to connect to social services and benefits and primary care physicians. ICP has proven to be a tremendous benefit to the community by reducing the recidivism rate at local emergency rooms and significantly reducing the burden of additional costs and resource utilization on local hospitals. Because of its success, Placer County Whole Person Care asked TGI to operate a second ICP in Auburn. This program began in October 2017 and has been at full capacity since opening with outstanding results. Placer County has been so impressed with our Director of Interim Care Programs that they awarded him the Placer County Public Health Excellence Award in 2018 to recognize his dedication to compassionate service for our homeless guests and his outstanding outcomes.

2018 was a year of tremendous growth and change for The Gathering Inn. In late May 2018, The Gathering Inn was awarded the contract to operate the fixed shelter located in the Mid Placer (Auburn) region. The decision by The Placer County Board of Supervisors to make a change in its existing provider and award this contract to TGI was due in no small part to the outstanding outcomes TGI has achieved in its South Placer location as well as the organization's focus on collaboration with other community partners and attention & response to the needs and concerns of the organization's surrounding neighbors. This contract award has positioned The Gathering Inn as the largest homeless emergency shelter and services provider in Placer County, now serving an average of 176 homeless guests each day through our four programs.

Not content to rest on the achievements attained between late 2017 and mid-2018, TGI continued its plans for growth and expansion of program services offered by the organization by applying for funding through Placer County for Permanent Supportive Housing Services. TGI was successfully co-awarded this contract in late 2019 which offers funding to purchase 3 homes and provide related peer support services for an initial period of 3 years.

The Gathering Inn is also working on the acquisition of a local non-profit which would further strengthen the services offered by adding another 4 homes of Permanent Supportive Housing. Furthermore, TGI is in preliminary discussions with Placer County to develop and run 1-2 come-as-you-are shelter facilities. These two program expansions could be finalized by the second quarter of 2020.

The Gathering Inn has always placed a high value on collaborating with other non-profit organizations and government agencies to achieve the best possible outcomes for the homeless guests we serve. Over the years, TGI has become a hub for homeless services in Placer County with representatives from Placer County Whole Person Care, Placer County Probation, Roseville Police Department and Social Services Unit, Advocates for Mentally Ill Housing (AMIH), Veterans' Services and Volunteers of America (VOA), among others, routinely visiting our campus to directly connect with our homeless guests and provide services. In fact, this collaboration received an award of commendation from the Placer Collaborative Network for being a promising new program in 2017. In 2009, TGI and partner agencies were the first recipient of Placer Collaborative Network's Outstanding

Collaboration Award; recognizing TGI for its collaborative work. The Gathering Inn was also awarded The Rocklin Chamber of Commerce's Business Excellence Award, "From the Heart" in 2018 for being the most outstanding non-profit serving the Rocklin community.

For fiscal year ending June 2019, TGI served a total of 795 unsheltered individuals through its four programs and provided nearly 63,000 bed nights of care to homeless men, women and children in Placer County. Of those served, we are pleased to report that 46% of guests that engaged in case management, defined as a stay of 10 days or longer, were placed into housing through our housing-based case management services. Income increased by an average of 30% for guests participating in our programs through access to eligible benefits and/or employment.

Funding Request

The Gathering Inn respectfully requests \$60,000 in CDBG funding from the City of Rocklin to help support our South Placer Overnight Shelter Services and Daytime Resource Center. TGI has actively sought to grow its program offerings in order to provide the most thorough, holistic and unduplicated services to our guests and has long recognized the need for diverse sources of funding to ensure longevity and sustainability. We are genuinely grateful for the long-standing partnership our organization has built with The City of Rocklin and for the financial & collaborative support we've received over the years. TGI would not be where we are today without the support The City has generously provided and we sincerely hope our alliance will continue so we are able to continue providing uninterrupted programs and comprehensive services to the homeless guests we serve in order to one day achieve our shared vision of ending homelessness in our community.

Sincerely,

Keith Diederich

Keith Diederich
CEO