

Proclamation

Issued by the Mayor

WHEREAS, Lyme disease is an often misunderstood illness that can cause serious health problems if it is not caught early and properly treated; and

WHEREAS, according to the Centers for Disease Control and Prevention and the California Department of Public Health, Lyme disease is a bacterial infection primarily caused by the spirochete *Borrelia burgdorferi* and is transmitted by the bite of an infected tick. The disease was first identified in North America in the 1970s in Old Lyme, Connecticut, for which it was named, and since that time, the disease has since been found in all 50 states in the United States. The reach of Lyme disease is global, having been reported in more than 60 countries on six continents and several islands; and

WHEREAS, Lyme disease is a complex, multisystem illness, affecting people of all ages. According to the Centers for Disease Control and Prevention and the California Department of Public Health, early signs of infection may include rash and flu-like symptoms, including fever, muscle aches, headaches, and fatigue. Usually, the disease responds well to prompt treatment with appropriate antibiotics. If untreated or inadequately treated, however, Lyme disease can spread to joints, the heart, and the nervous system; and

WHEREAS, according to the California Department of Public Health, in California, the Lyme disease bacterium is transmitted by the western blacklegged tick (*Ixodes pacificus*), and is most common in the coastal regions and along the western slope of the Sierra Nevada range. According to the Placer Mosquito and Vector Control District, the tick is most commonly found in wooded, brushy, or grassy areas, especially along sides of trails, and is usually found in areas with high humidity from October to July. According to the Centers for Disease Control and Prevention, the ticks may be active year-round.

Now, therefore, I, Bill Halldin, Mayor of Rocklin hereby proclaim May 2022 as Lyme Disease Awareness Month and urge all Rocklin residents to take appropriate precautions to prevent Lyme disease by protecting yourself from ticks; checking yourself, your children and pets for ticks; removing ticks properly as soon as they are found and by recording the date and location of the tick bite and watching for symptoms.

Bill Halldin, Mayor

Dated: May 10, 2022

ATTEST:

Hope Ithurnburn, City Clerk